



MONDAY, SEPTEMBER 15 - VOLUNTEER IHMS Week! SIGN-UP OPEN

Volunteer opportunities will be posted (including Picnic tasks) at noon on Monday, September 15 using the ongoing 2025-2026 Volunteer SignUp Genius link:

<https://www.signupgenius.com/go/2025IHMSVolunteerlink>

Please save this link for future reference or keep the QR code handy. Throughout the year, new opportunities will be posted here (each month or as they come up). Families will be notified in the E-news the week that new opportunities come up and it will typically open at noon on Monday, unless otherwise specified.



EMERGENCY RESPONSE PROCEDURES



Immaculate Heart of Mary School is practicing emergency response procedures with students and staff. The staff spent a large portion of the last staff meeting reviewing emergency response plans. At a school assembly this past Friday, the students were informed of the importance and reasons to have fire drills and lockdown drills. Staff will go over the fire drill and lockdown procedures, age appropriately, with students to ensure they understand what to do in the event of such a drill and to be able to handle such situations with confidence and minimal anxiety. Last year, the average time to evacuate the entire school building was just over 1 minute. We continue to rehearse and achieve that high standard. The first lockdown drill of the school year will take place on Monday afternoon, September 15.

FRIDAY, SEPTEMBER 19 - LIFETOUCH SCHOOL PHOTOS

For Picture Day each student will wear their official IHMS school uniform.

Boys: cardigan, golf shirt, navy pants, black or navy socks, black shoes ... and a smile!

Girls: cardigan, golf shirt, navy skirt, navy tights or knee high socks, black shoes ... and a big grin!

Students will be photographed individually and as well with their class. After Picture Day, families will receive a package of proofs for your child and be able to order pictures on mylifetouch.ca



SCHOOL FORMS, FEES & OUTSTANDING ITEMS

Thank you to all families who have promptly returned the school forms and fees. The following items are required to be returned to school: School Acknowledgment Form, Volunteer Form, Volunteer bond cheque or non-volunteer fee, Acute Health Care information and inhalers or auto-injectors. If you still have forms, fees or any outstanding items to submit to the School Office, please do so as soon as possible. Notifications will be set the week of September 22, via email, for any forms or fees outstanding.



VOLLEYBALL COACH WANTED

IHMS is looking for assistance with coaching introductory volleyball.

For more information please contact Mr. Dedio (Phys. Ed. Teacher).

Phone 204-582-5698 Email: kdedio@ihms.mb.ca



PROGRAM DESCRIPTION BOOKLETS

A brief 'Program Description' booklet was emailed home to each grade on Friday, September 13 from your child's homeroom teacher. Please check your email inbox. If you did not receive an email, contact the student's teacher.

BIRTHDAY TREATS AT SCHOOL

Birthdays are exciting event for every child. IHMS will acknowledge each child's birthday on the morning announcements, as well as in the classroom. To ensure everyone's safety at school, no birthday food treats should be brought in for celebrations. This is very important for those with food allergies, it promotes healthy eating habits, and ensures inclusivity for all students. Your cooperation is appreciated.



NATIONAL DAY FOR TRUTH AND RECONCILIATION



Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30. **Orange Shirt Day** at IHMS will take place on Monday, September 29. It is a commemorative day to raise awareness about the intergenerational impacts of residential schools on children, families, and communities. It honours Indigenous children who were lost in the residential school system. The orange shirt symbolizes the loss of culture, freedom, and self-esteem that many Indigenous children experienced. This day reminds us that "Every Child Matters".

IMMACULATE HEART OF MARY LUBOV NURSERY SCHOOL

Immaculate Heart of Mary Lubov Nursery School, (Sadochok) is a "learning through play" experience for children from two to five years of age. Within a bright main-floor classroom, our program provides a clean, safe, Christian environment. The program includes an introduction to the Ukrainian language, culture and customs and welcomes families of any faith and culture.

Lubov Nursery School is located at 35 Marcie Street (St. Anne Ukrainian Catholic Church)

For more information: Phone : (204) 669-1023 Email: director@lubovnurseryschool.com



SEPTEMBER

- 15 IHMS Lockdown Training
- 19 Lifetouch School Photos
- 24 N.U.T Day - No Uniforms Today ... Picnic Wear Day!
- 24 Welcome Back to School Picnic!
- 29 N.U.T Day - No Uniform Today - Orange Shirt Day
- 30 NO CLASSES - National Day for Truth & Reconciliation

OCTOBER

- 2 Winnipeg Clergy Deanery Meeting at IHMS
- 6 7:00PM Parents' Guild Meeting (in-person)
- 8 3:00 - 5:00PM Uniform Shop Open
- 9 2:00PM EARLY DISMISSAL - Staff Meeting
- 10 Immunization Clinic at IHMS
- 13 Thanksgiving Day - NO CLASSES
- 24 NO CLASSES - Provincial Inservice Day
- 24 Grade 7 Babysitters Course

Our Parents' Guild Executive Team, welcomes you to IHMS!

President -	Lesia Wozny <i>Children in Gr. K & 6</i>
Vice President -	Khrystyna Sapon <i>Children in Gr. K & 6</i>
Treasurer -	Olha Mala <i>Children in Gr. 2, 6 & 8</i>
Secretary -	Oksana Chechet <i>Children in Gr. K & 6</i>

TRAFFIC SAFETY AROUND THE SCHOOL

Just a reminder about traffic safety around the school:



- If dropping off / picking up using the front entrance on Flora Avenue, drivers are required to park their vehicle on one of the adjacent streets and walk their child into the school yard. Please do not double park on Flora Avenue.

*** Please be mindful, IT IS ILLEGAL TO PARK WITHIN NINE METERS OF A STOP SIGN AT ANY INTERSECTION (including FLORA AND MCKENZIE in front of the school).

- There is no stopping / parking along the entire south side of the back lane;
- There is no passing vehicles on the south side of the back lane as this is unsafe for our children loading into their vehicles;
- Please be cautious and drive slowly in the school zone around IHMS... especially down the back lane;

Please share these reminders with other drivers in your family. Thank you for your cooperation!





IN CASE OF STUDENT ABSENCE ...

When a student is absent, parents are asked to notify the office by emailing attendance@ihms.mb.ca, or by calling the school office no later than 9:00 AM. Notes or phone calls are required to explain ALL ABSENCES, including any Religious Holidays. The note should indicate the date(s) of absences and should be written by the parents. In the case of an ill student, consideration of the ill student's health, as well as, the health of other students and school personnel must be kept in mind. Therefore, the ill student should be kept at home. When the student comes back to school they should be able to handle all activities, including outdoor recess.

Attendance Facts:

- If a student misses 2 days of school per month, they will miss one month of school in the year.
- If a student is 10 minutes late for class every day, they will miss 6 days of instruction per year.

Punctuality Facts:

- Students who arrive on time for school feel more settled to begin their school day.
- Punctuality is a key workplace skill which must be learnt at school and adhered to.

attendance MATTERS

IHMS FAMILY PICNIC



Please join the 'Welcome Back to School Family Picnic' on Wednesday, September 24 from 3:15 - 5:30PM. Welcome back after the summer, and welcome to all of the new families! All IHMS students, families and friends are invited to attend. It will take place on the school yard. There will be games, activities, an inflatable bouncer, candy floss popcorn, door prizes, face painting, a barbecued hot dog supper, and much more!!

After the children are dismissed from school, they will join the Picnic on the schoolyard. Parents are invited to come as soon as their schedules permit. All you need to bring is a lawn chair, or a blanket to sit on. Please RSVP with your intentions using this link: <https://www.signupgenius.com/go/2025ihmspicnicrsvp>

PICNIC DONATIONS

Families are asked to donate a new item as a door prize for the Family Picnic. A few suggestions include: children's toy, gift cards, tickets to an event, sporting equipment, gardening supplies etc. Donations can be brought to the School Office. Please label your donation with your family name. Donation letters are also available.



PARENTS' GUILD NEWS

On Thursday, September 11th, the Parents' Guild met in person for the first time this year. Thank you to everyone who supported our fundraisers last year. Please keep an eye out for our fundraisers this year: Kernels Popcorn & Gift Card Fundraiser in November and Koubassa & Cheese Fundraiser before Easter. Last year, with the help of funds raised, the Parents' Guild supported our school by providing a 'back to school' Picnic, staff Christmas lunch, Staff Appreciation Gifts, lunches for the K-3 Field Day and the Gr. 4-8 Track & Field day. Without the help of our families, these initiatives would not be able to happen. Please join our next meeting at 7:00PM. Monday, October 6, 2025. Childcare is available free of charge.

INCLEMENT WEATHER CONDITIONS

If there is inclement weather (rain) in the morning at arrival time:

- students arriving between 7:15-8:15AM go directly to the Before School Program in the gymnasium;
- students arriving between 8:15-8:40AM go directly to their homeroom.

If there is inclement weather in the afternoon at dismissal time (between 3:05 and 3:30PM):

- K-3 parents must park their vehicle on an adjacent street and come to the front door, 4-8 parents come to the back door, and a staff member will call the students to the respective doors.
- After 3:30PM (students will be in the After School Program), parents must park their vehicle on an adjacent street, come to the back door where a staff member will retrieve the student from the After School Program.

*** Reminder ... there is no parking (leaving a vehicle unattended) in a back lane.



PRESCRIBED MEDICATIONS



Any prescribed medication to be administered during school hours shall only be permitted upon receipt of a completed *Administration of Prescribed Medication* form by the student's parent/guardian. This form is available on the school's website or from the school office. All medications must be in the original pharmacy-labelled container, which clearly identifies the name of student, frequency of administration, name of prescribing physician, name of pharmacy, name of medication, date prescription was filled and dose.

VOLLEYBALL ACTION

IHMS has three volleyball teams taking to the court this year in interscholastic volleyball competition! The schedules (practices and games) are posted on the school website and families can subscribe to the calendars.

Check the Monthly Calendar to see when the IHMS Volleyball Teams are playing home games in the IHMS Gymnasium, and come to cheer on the Spirit!!



NEWS FROM THE NURSE

My name is Denise and I am the public health nurse for Immaculate Heart of Mary School. I hope you had a great summer!

*According to the Manitoba Immunization Schedule, **Grade 6** students are eligible for 3 vaccines:*

- Human Papilloma Virus vaccine (cancer prevention) 2 doses
- Hepatitis B vaccine (liver protection) 2 doses
- Meningococcal C-ACYW vaccine (protection of the brain) 1 dose

***Grade 8** students are eligible for:*

- Tdap/Tdap-IPV vaccine (prevents tetanus, diphtheria, pertussis and polio)

Your child will bring home an immunization consent form. Please sign it (yes or no) and return it to the school. We will not immunize any child unless permission is given by the parent/guardian. If you think your child missed a vaccine, please call me and we can discuss a possible catch-up at the school or at my office. If you have immunization records from outside of the province, please bring them to the office for public health to update your Manitoba records.

The dates of the Immunization Clinics are:

- **October 10th, 2025 in the afternoon**
- **Spring 2026, TBA**



If you have any questions or concerns please call me.

Denise Rochat RNBN
Public Health Nurse
204-792-6765



Winnipeg Regional
Health Authority