



Immaculate Heart of Mary School

650 Flora Avenue Winnipeg Manitoba R2W 2S5

Phone: 204-582-5698

Email: ihms@ihms.mb.ca

GRADE SEVEN SCHOOL SUPPLY LIST 2025 - 2026

✓	QUANTITY	DESCRIPTION
	5	Exercise Books (10 7/8" x 8 3/8") - 32 pages
	4	Duo -Tangs (3 Prong Report Covers) - Assorted Colours
	1	1" Binder - D Ring
	1	3" Binder - D Ring
	2	Hilroy lined looseleaf paper - 200 pack
	1	Hilroy Graph Paper (4:1" Quad) - 50 sheets
	2	Folder (Twin Pocket)
	1	Sheet of Labels
	12	Pencils - HB2 (pre-sharpened)
	1	Index Dividers w/ insertable tabs - 8 pk.
	2	Pencil Erasers - white
	1	7" Fiskars Pointed Scissors
	2	Black Pen - medium
	2	Blue Pen - medium
	1	Red Pens - medium
	1	Washable Markers - Thick or Thin
	1	Sharpie Fine Point Permanent Marker
	1	Expo Chisel Tip White Board Marker - 4pk Assorted
	1	Coloured Pencils (pre-sharpened) - 24 pack
	1	Glue Stick - 22 g. (0.77 oz.)
	1	Clear Plastic Ruler (cm/mm) - 30 cm/300 mm
	1	Correction Pen
	1	Page Reinforcements
	1	Staedtler Xcellence Math Set (10 piece)
	1	Scientific Calculator - must include Square Root (<i>Example. Casio fx-300MS PLUS</i>)
	2	Boxes of Kleenex
	1	3 Ring Pencil Pouch (9.75" x 7.5")

	QUANTITY	DESCRIPTION
	1	Larousse English French Dictionary - Canadian Edition (Hard Cover)
	1	Merriam Webster Dictionary New Edition 2000 New Words Clear & Precise 7000 Definitions
	1	Computer Headphones (that rest comfortably on your child's head)(labelled)
	1	\$10.00 for Student Agenda Book (available through homeroom teacher when class begins)

NOTE: "Extra" supplies that are not on the list are not permitted as our desks cannot accommodate any extra supplies.

STUDENT AGENDA BOOK

- Enhances effective home-school communication
- Develops organizational and time management skills
- Includes IHMS policy handbook
- Coil-bound with glossy cover

GYM

The requirements to participate in gym class are:

- Gym T-shirt
- Gym shorts or sweat pants
- Gym runners
- Proper gym bag to hold the contents

A proper gym bag is not a plastic bag. Please send a small cloth, drawstring bag (only).

Plastic bags rip and the children lose their gym clothes. Please make sure the above supplies are sent to school with your child and are in school for the entire year on physical education days.

IHMS UNIFORMS

Students are required to wear uniforms on the first day of school. Uniform's must be purchased from our official school Uniform Shop (135 McGregor Street). There are two ways to purchase from the IHMS Uniform Shop:

1. **In-Person** shopping requires an appointment. To book an appointment, please visit our ongoing Uniform Shop link for 2025-2026: <http://www.signupgenius.com/tabs/73372D707AFC9EACF9-20252026>
Fall Hours: August 19, 2025 & September 3, 2025.
2. **Online shopping** is available at <https://ihms-uniform-shop.square.site/> Orders will be ready for pick up in the school office on Thursday and Friday after the Uniform Shop days.

ORIENTATION DAY (MEET THE TEACHER DAY): Wednesday, September 3, 2025

FIRST DAY OF CLASSES (GRADE 1-8): Thursday, September 4, 2025

PARENTS, PLEASE BRING ALL SUPPLIES TO ORIENTATION DAY.

PLEASE ENSURE ALL UNIFORM ITEMS, OUTDOOR CLOTHING AND ANY PERSONAL BELONGINGS ARE LABELLED.