



From The Heart

Immaculate Heart of Mary School
650 Flora Avenue
Winnipeg MB R2W 2S5
Phone: 204-582-5698
Fax: 205-586-6698
www.ihms.mb.ca
alumni@ihms.mb.ca

Alumni Reception
Its time to rekindle relationships.
Page 1



Where are They Now?
Alumna share their stories of life after Immaculate Heart.
Page 2



100th Anniversary Book!
Get your copy of this treasured keepsake.
Page 3

100
years

Calendar
Important dates of upcoming Immaculate Heart of Mary School events and activities.
Page 3



Get Connected
Follow us on Facebook & Twitter.
Page 4



SSMI Lubov Foundation
The Sisters have created a special special entity to support their ongoing good work in the community.
Page 4



Alumni Reception!!

On October 6th, 2013, Immaculate Heart of Mary School held its first Alumni Reception. Good food, good wine and good cheer was served as over 200 alumni from St. Nicholas School, Immaculate Heart of Mary Academy and Immaculate Heart of Mary School were in attendance.

Former students of these fine institutions were given full access to the

school. Hundreds of pictures from yesteryear were on display as well as multimedia presentations displaying the activities of our current students. The alumni were also given a look into Immaculate Heart of Mary School's bright future. Alumni were even given the chance to have their photo taken on "the bench" to create some new memories.

Even with all the displays, presentations and the launching of the 100th Anniversary Book entitled *The Spirit is Strong*, the best part of the event was the ability to catch up with friends.

continued on page 3



↑ Britany Lasko, Dyanna Wowryk, Angela Jones, Ariadna Dlugosh and Tianna Mager (all graduates in 2003) pose in the photo booth on 'the bench'!!

↓ Over two hundred alumni gather in the beautifully decorated IHMS gymnasium for the inaugural alumni reception.



Where are They Now?!

On November 23rd, 2013, wedding bells rang for two alumni of Immaculate Heart of Mary School. Remo Arado and Kathryn Nacario tied the knot last fall and they first met in Mrs. Halayda's grade 4 class!

Remo began at Immaculate Heart in Kindergarten and Kathryn joined the IHMS family in grade 4. They both graduated from the school in the year 2000. While they went their separate ways in high school, they reconnected at the University of Manitoba. According to Remo and Kathryn, they would often reminisce at university about their days at IHMS. They began dating, and a few short years later, Remo proposed to Kathryn on a romantic walk along the Red River at The Forks.

Immaculate Heart is such an important part of their story, they decided to have their engagement photos taken at the school. They began their photo shoot in the grade 4 classroom where they first met and traveled throughout the school with their photographer remembering the fun times they had as well as making new memories.

The happy couple were married on November 23rd, 2013 and IHMS would like to wish them a heart felt congratulations and wishes them a long, happy and prosperous marriage.



Remo Arado and Kathryn Nacario (graduates in 2000) take their engagement pictures at IHMS.



As alumni, it is easy to remember the people who made a school great. Sister Ruth Yakimishyn has been an integral part of ensuring the success of the IHMS community. She served as an educator at St. Nicholas School, Immaculate Heart of Mary Academy and Immaculate Heart of Mary School. She was a vital component to the development of a school, as well as the growth of countless students.

Sister Ruth was born in Roblin, Manitoba. She attended Sacred Heart Academy in Yorkton, Saskatchewan and joined the Sister Servants of Mary Immaculate shortly thereafter. She came to Winnipeg and attended St. Mary's College at the University of Manitoba. She received degrees in English, Philosophy and Slavic Studies as well as an Education degree. She taught many subjects such as Math, English and even Business. She was the Principal and later, became the Superior of Immaculate Heart of Mary Academy in the early 1960's. When Immaculate Heart of Mary School was opened at 650 Flora, she transferred and became an important member of the faculty at the new school.

Sister Ruth eventually left teaching and returned to school herself. She took Theology and received her Master of Divinity from the University of Manitoba. She sat on the Provincial Council of Manitoba for the Sister Servants for several years and then was appointed as the Superior of the Novitiate in Mundare Alberta. Her last position was as the Provincial Secretary of the SSMI in Canada. She currently resides at the SSMI residence in Winnipeg.

When asked about her life as an educator and a Sister Servant, her humility and love shine through; "God directed my life...it was a very pleasant experience." Sister Ruth has led a prosperous and happy life and thanks the Lord everyday. She would like everyone to know that "it has been a privilege" dedicating her life to God, the school and her many students.



Sr. Ruth Yakimishyn, SSMI taught at all three of the schools (St. Nicholas, IHM Academy & IHM School). She was also the Principal of the Academy in 1963.



Immaculate Heart has an excellent website. There is a lot of information about current events at the school, as well as, a wealth of interesting historical info. See some interesting photos of when you went to school. See some very interesting old photos of the construction of the current Immaculate Heart. Are you curious to know who some of your classmates were? Go to www.ihms.mb.ca and surf away!

Alumni Reception *continued from page 1*

Many alumni were excited and astounded to see people whom they haven't seen for decades. Old friends were able to share many new stories and recollect on memories while they enjoyed a glass of good wine. The alumni may not remember the lessons taught or the projects assigned during their years at school, but many got the chance to laugh about old pranks they pulled and the fun they had at a dance that Friday night so many years ago.

On behalf of the school, Sister Patricia Lacey, Provincial Superior honored a few alumni in attendance with a very special Papal Blessing. Those alumni acknowledged have reached special milestones in their marital journeys.

Bringing special greetings on behalf of the alumni was Michael Banias (graduate in 2000). Michael is a member of the current IHMS staff, who has come a full circle. He was a student from grades K-8, and has now returned to the school as part of the faculty and is the Vice Principal.

Immaculate Heart of Mary School is looking forward to hosting many more alumni gatherings. It is the community that makes a school great and the inaugural Alumni Reception proved that the IHMS community is stronger than ever. Thank you to all who helped put this great event together and thank you to all the alumni who attended. We look forward to seeing you all again soon!!

100th Anniversary Book



There are not many schools that have the privilege of saying they can celebrate a centennial. Our school experienced this special milestone a few years ago. To commemorate this great event a tangible keepsake has been created ... a beautiful hard cover, full colour, publication filled with 100 years of great memories.

The Spirit is Strong - 100th Anniversary Book features interviews with alumni, hundreds of photos, a unique 100 year timeline, and a cover that depicts the strikingly beautiful stained glass artwork located at the front of Immaculate Heart of Mary School.

One of the most powerful features of the Book are the excerpts from the chronicles of the Sisters. These chronicles are a beautiful window into the personal feelings of the Sisters who helped Ukrainian immigrants adjust to a new homeland.

The Anniversary Book takes a look at the past ... a snapshot of the present ... and a peak into the future. Every time you pick this book off the coffee table you will see and experience something different!

On behalf of the school ... a special thank you to the creative team that were responsible for the publication of this precious keepsake ... Randy Kohuch, Natalia Radawetz, Andrew Sikorsky and Rod Picklyk.

Copies of the *The Spirit is Strong 100th Anniversary Book* are available through the school office. Get your copy now!!

School Trivia

What was name of the lead singer and band that played at Immaculate Heart Academy's first school dance?

Submit your answer and contact info to alumni@ihms.mb.ca. All correct answers will be entered into a draw for \$25 gift certificate to Boston Pizza! Entry deadline is March 1, 2014. All SNS / IHMA / IHMS alumni and former staff are eligible to enter.

Congratulations to June Dutka for winning the School Trivia Contest in the last issue of "From the Heart". She wins a \$25 gift certificate to Boston Pizza! Trivia question: What were the names of the first two Sisters to teach at St. Nicholas School

Answer: Sr. Athanasia Melnyk, SSMI and Sr. Alexia Chykalo, SSMI



IHM School Calendar

- February 2 - Annual School Tea
- March 8 - Annual Fund Raising Dinner
- March 24-28 - Ukrainian Week at IHMS
- March 27 - Annual Ukrainian Concert
- May 15 - Annual Family Picnic
- June 23 - Graduation Divine Liturgy at Sts. Vladimir and Olga Cathedral

Annual School Tea

Immaculate Heart of Mary School will be hosting its Annual School Tea at 1:30 PM, Sunday, February 2, 2014. This year's theme is '**Celebrating Our Alumni**'. The Tea will be officially opened by the Taylor family ... Krystal Taylor '75 (nee Hanischuk), Travis Taylor '05 and Brittney Taylor '08. There will be delicious fancy sandwiches and tea, as well as, a Bake Sale Room, Alumni Display Room, over 30 Basket Raffle Prizes, and generous Main Raffle prizes. We look forward to seeing many alumni at the Tea to visit the school and meet up with old friends. Hope to see you there!

Fund Raising Dinner

Immaculate Heart of Mary School will be hosting its Annual Fund Raising Dinner on Saturday, March 8, 2014. The Dinner takes place at Holy Eucharist Parish Centre. All the proceeds from this elegant event are for the academic, spiritual and cultural programs at the school. The evening will include a spectacular meal catered by Bergman's Restaurant, delicious wine, a strolling minstrel, fabulous door prizes and very generous silent auction prizes. Tickets for this fund raising event are \$110 per ticket, which includes a \$40 charitable contribution receipt. There are sponsorship opportunities available.

Why not gather a group of your alumni friends and book a table together?! Tickets are available through the school office. Phone 204-582-5698 or email: ihms@ihms.mb.ca



Note there is a 'space' between follow and @.

Did you hear? IHMS is now on Facebook and Twitter.

Visit the school website at www.ihms.mb.ca and click on the links below.

"Follow Us" right on the front page to get started.

Stay up to date on important school events and get daily updates on what is going on at IHMS.

You don't Tweet? It's OK! All you need is a cellular device to receive live text message updates.

Text "follow @ihms_winnipeg" to 40404 and Twitter will send all of our posts directly to your cellular device! It's free and you don't need to sign up for anything. Just make sure your cellular plan includes text messaging.

Once you get a message from Twitter that you follow IHMS - make sure you reply with "Discover Off". This will prevent any spam from being sent to you.

It's that easy!



Just as others did before for you, now is your time!

Alumni we invite you to help shape the future of Immaculate Heart of Mary School!

Owned and operated by the Sisters Servants of Mary Immaculate for the past 108 years, the school has provided you the Alumni of the school with a strong educational beginning that has helped you in your life journey.

We are privileged to still have a Ukrainian Catholic School for Nursery to Grade 8, that gives families an option to have their children educated in an environment that:

- Provides Academic Excellence with a sense of community
- Nurtures our Ukrainian Catholic Faith
- Celebrates our Ukrainian Culture
- Instills Christian values by teaching skills with the desire to use them for the benefit of others

Immaculate Heart of Mary School has embarked on an extraordinary event for the school that will result in a new state-of-the-art facility and campus the will nurture many more generations. We invite you to help us build and new school! Please consider supporting the Move the Spirit Capital Campaign. Your gift can be made in the form of a pledge with payments spread out over several years. Payment options can be made annually, semi-annually or even monthly through direct deposit or through a major credit card.

You may want to consider a family gift that includes siblings, parents, and grandparents as a way to leave a family legacy for Immaculate Heart of Mary School. In any event every gift does make a difference. Together we can "Move the Spirit" to turn this dream into a reality.



Donate today online at www.ihms.ca

Or call 204-582-IHMS(4467)

Or contact Lubov SSMI Foundation 204-942-0443 for more information

A CALL FOR VOLUNTEERS

Interested in getting involved in the Move the Spirit Capital Campaign?

Call 204-942-0443 or email:

lsianchuk@lubovfoundation.ca

Admissions

Currently there are 22 families at the school, in which a parent is an alumni, and now have their own children attending IHMS!

Do you have children of your own that are of school age? Please keep Immaculate Heart in your list of options when making a choice of schools for your children. Immaculate Heart offers:

- a Sadochok (Nursery) Program for 4 year olds (two full days / week),
- a Kindergarten Program for 5 year olds (three full days / week),
- Grades One to Eight (full time)
- instruction infused with spiritual development
- instruction in English, Ukrainian and French,
- a strong music / performing arts program,
- an accomplished athletics program,
- state of the art technology,
- and much more!!

For more information about enrolling at Immaculate Heart please visit the 'admissions' link on the website, or call the school office at 204-582-5698. We would love to give you personal tour of the school!

