

From the Heart

Immaculate Heart of Mary School
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IHMS Family Shares Legacy



Margaret (Duduk) Saray
 First Communion

Margaret (Duduk) Saray began elementary school at St. Nicholas School and graduated from Immaculate Heart of Mary School in 1966, going on to St. John's High where she completed grade 12.

Reflecting on her school experience at St. Nicholas and Immaculate Heart of Mary School, Margaret believes it paved the way for her to have a blessed and very fulfilling retirement. Margaret shared how with every end there is a new beginning. She is a living example of what it means to live out the values that were impressed upon her as a student of St. Nicholas and Immaculate Heart of Mary School.

Margaret is very active at Sts. Vladimir and Olga Cathedral as a Cantor, Pastoral Care volunteer, and an Extraordinary Eucharistic Minister bringing Holy Communion to those that are shut in. As a trained Palliative Care volunteer she helps out at Seven Oaks Hospital through the "No One Dies Alone" program. She finds great peace in being able to be there with those who have no one to be at their bedside. Margaret also finds time once a month to do prison ministry. She truly believes in living life to the fullest.

Margaret and her late husband Sandor enrolled all four of their children in IHMS – Markian, Monica, Julian and Raphael. Here are some of their memories and thoughts about life at IHMS.

"As I recall my earliest memories of IHMS, I remember walking to school down McGregor Street with my older brother Markian, holding my babcha's hand. I have memories of nap time in Kindergarten when Sr. Chrysantha settled us by putting a song on the record player and stepping out. We were always curious to know when Sr. Chrysantha would be coming back with her tea and toast, so the person resting near the door would peek out to see if they could catch a glimpse.

I recall the Divine Liturgies and Fr. Isadore referring to all the students as little 'pizza pies' during his homilies in the gym. In junior high I played basketball and volleyball and was coached by Mr. Picklyk!

There were many opportunities that revolved around helping others and giving back – this has been instilled in me and influenced my connection and contribution to the Ukrainian community. I am, and have been, actively involved with Plast Ukrainian Youth Association as a counsellor, camp director, board member and national representative. I also volunteered in Ukraine for two consecutive summers with Help Us Help the Children, an organization helping orphans. This inspired me to choosing a career as an educator and teaching in the English-Ukrainian Bilingual Program for over 15 years and completing my Masters of Education in English as an Additional Language (EAL). Currently I am a reading support and EAL teacher at Garden Grove School.

Many relationships continued on past IHMS to St. Mary's Academy and the University of Manitoba. Now returning as a parent to IHMS, it has been a warm feeling walking in and seeing so many familiar faces – staff members and parents alike with whom I attended IHMS.



Monica and Babcha

My husband and I felt it was important to carry on my family's traditions and that is why we chose to send our daughters Ilyana and Bianca to IHMS. This all-inclusive education highlighting academics, Catholic values and Ukrainian pride are a priority, and supports the way our family has chosen to raise our children." - Monica (Saray) Sim ('92)

Markian is currently an assistant director with the Directors Guild of Canada where he coordinates cast and crew on set and schedules the activities of the day.

"IHMS influenced me by instilling a sense of community and strong values to live by. The relationships formed there guided me in how to deal with people in my current career." – Markian ('90)

Raphael is currently a broadcaster with the Arctic Radio Network based in Flin Flon, Manitoba, where he hosts radio shows, produces commercials, and puts together news reports. In his spare time - he is an avid napper.

"IHMS was always a place that would simultaneously feed and satisfy my curiosity; socially, intellectually and spiritually. Being educated there allowed a safe atmosphere for my individuality to grow." – Raphael ('98)

Julian ('96) graduated as a computer programmer from Robertson College is currently working in the Film industry in Winnipeg, specializing in lighting technology.



Margaret, Monica
 Bianca, Ilyana



Julian, Markian, Raphael, Monica

From The Principal

The life of a student at Immaculate Heart is packed with incredible learning moments throughout the school year. These learning experiences can sit deep in the hearts of students and are then drawn upon later in life. There are many examples in this issue of *From the Heart* that exemplify how the lessons and values taught at Immaculate Heart have played a role in the life of our former students. Please read the featured articles in this issue to hear more about our alumni and their amazing accomplishments!

There certainly have been many marvelous, recent, events at the school, that the current students will treasure and learn from. Always a highlight of the school year is Ukrainian Week at IHMS. During this time of wonderful learning opportunities, the students truly *experience* the rich Ukrainian culture through language, music, song, dance, costume and even delicious cuisine (with a perogy lunch)! An entertaining concert entitled **'Borscht, Banduras and Baba's Stories'** was performed to capacity crowds as part of the week's festivities. Throughout the show the young performers truly sang and danced their way into the hearts of everyone in the audience. Applause, laughter and tears of joy were clear signs everyone was delighted and amused by the performance.



Borscht, Banduras and Baba's Stories

Other amazing opportunities for IHMS students these past few months have included:



Brooke Buchan and Donovan Martin in Halifax

- a wonderful presentation of *The Lion, The Witch and Wardrobe* performed by the Manitoba Theatre of Young People;
- Brooke Buchan (Grade 8) and Donovan Martin (Grade 8), along with their coach Mr. Burg (Grade 8 teacher), travelled to Halifax, Nova Scotia to participate in the Donohoe Cup National Debate Tournament. While in Halifax the students also took in some site seeing to visit the Bluenose Ship, Lunenburg, Peggy's Cove and the Halifax Harbour;
- participating in various social justice projects to support the Manitoba Special Olympics;
- blessing pussy willows and taking them home to share with their families;
- participating in a heartfelt Volunteer Appreciation Reception;
- many athletic endeavors such as basketball, badminton, track and field and soccer

IHMS will be offering a Monday to Friday, full-day Kindergarten program beginning in September, 2018. Extensive research indicates this innovative initiative will have a very positive impact on our school community. Children in all-day kindergarten have better language, social and communication skills. As well, full day kindergarten (as opposed to alternate days) is of benefit to families in which both parents are in the workforce.

Due to classroom space limitations at this time, IHMS will not be offering a Sadochok program at the 650 Flora Avenue location. IHMS offers pre--Kindergarten programs through Immaculate Heart of Mary Lubov Nursery School located at 35 Marcie Street. This very successful program has been in operation for nearly 20 years and offers a program with a special concern for the Ukrainian culture, and as well, faith development.

This past school year we have been blessed to have Sr. Jean Zemliak SSMI and Sr. Ruth Aney SSMI work closely with our school community. Sr. Jean has been a tremendous asset providing her expertise with school governance. Sr. Ruth has been assisting in the Kindergarten classroom, sharing her amazing artistic talents around the school, and as well, leading our Children of Mary group, just to name a few things. Next year Sr. Ruth will continue to have a presence at Immaculate Heart, but will be spending a little less time at the school. We are looking forward to having Sister Emily Schietzsch at Immaculate Heart! Sr. Emily will be sharing her time in various classrooms at the school.

Thank you to everyone for supporting the school's Annual Fund Raising Dinner held on March 10. This year's theme *'Travel the World'* made for an entertaining evening. Sr. Darlene Pelechaty SSMI was an excellent 'flight attendant', expertly guiding the evening as our master of ceremonies. Guests also enjoyed an international wine tasting, generous travel themed prizes, and one lucky person won a \$1,500.00 travel voucher. Special gratitude is extended to the Dinner Committee which included a few of IHMS alumni: Justin Copp, Ivan Baniyas, Orycia Karpa ('10), Mark Kohaykewych ('89), Tim McGinn, Rod Picklyk, Dwayne Rewniak, Leo Rogelio, Shpurko ('10), Glenn Solar and Oksana Dudych nee Kravtchouk ('91).

As you can see, the dust never settles at Immaculate Heart!

To all alumni and your families ... may you be blessed with an amazing summer.

God Bless,
Rod Picklyk, Principal

For more information about Immaculate Heart of Mary School go to: www.ihms.mb.ca

Foundational Values Laid by the Sisters' Bring Together Alumni in Corporate World



John (Ivasyk) Chabluk ('05)

John Chabluk ('05) and Cory Kohut ('90) recall it was the values and traditions instilled in them during their time at Immaculate Heart that stuck with them. Despite the generational gap, the two shared similar experiences that ultimately have led to their new partnership.

John remembers when he was 16, and his dad reached out to Cory (a fellow choir member) to see if there was work for him. The two worked together till he entered university and John moved into the rental side of the industry. Keeping in contact, the two carried on their work lives. When John began recognizing inefficiencies between the two sides of the industry, he came up with the idea for QuoteToMe—a platform to easily request and receive rental quotes for all interested parties—and pitched it to Cory.

Cory knew from his 18 years of experience—owning and selling many companies—that this would be a good one. The two joined forces and QuoteToMe was born!

Both Cory and John felt that their strong cultural background, and shared values are what allow them to collaborate so easily. The two strive to run their business with the same principles that led them through IHMS – integrity, honesty, and giving back.

Cory noted that attending the school from kindergarten through grade 9 resulted in life-long friendships with other alumni, standing for each other at weddings, and taking on the role of God-parents to each others' children.

Any words of advice for new alumni?

Cory—Hard work and determination will take you far. You can achieve anything you set your mind to, anything you want – but you must be willing to work hard!

John—I was maybe not a model student, but my takeaways went beyond grades. Be true to yourself – that will guide you. These values that you have learned will take you far!



Cory Kohut ('90)

PAM—the Immaculate Heart of Mary School Flagpole

After the Pan-American games in 1967, all equipment and furniture, everything purchased for the games was put on sale—including the flagpoles. Walter Sahan went down to the Canadian Forces Base where the sale was taking place, and inquired about the flagpoles being sold. A lady informed him that the poles were being sold by bid, and the going rate was about \$75. Sahan placed a bid of \$25—remember this was 1967!

A few weeks passed before Sister Rachel Tataryn, SSMI—then principal—received a phone call from the Pan-Am people, informing her that they had accepted his bid. The flag pole needed to be picked up, and he confirmed with a mover for the price of \$35, it was after all a large and awkward object. He dropped off a cheque to the Pan-Am people, and informed them the movers would be there shortly.

When the movers arrived at the barracks, they were told by a busy clerk that the pole was alongside the fence. The same weekend that the pole was delivered, the sidewalks were being laid in front of the school and Walter asked them if they would install their new flag pole. Purchased, delivered and installed, the school had a new flag pole! Or so they thought.

On Monday morning, Sister Rachel received another call from the Pan-Am office, informing her that the *wrong* flagpole had been picked up by the movers. They in fact had taken a pole a man purchased for \$75 to install on his island in Kenora. They were in disbelief that the pole had already been installed! The man himself paid a visit to the school, to see for himself that the pole was indeed in the ground. Disappointed and amazed, the poor man left behind his Pan-Am pole in the grounds of IHMS.

And that, is how IHMS received PAM the Flagpole.

This past fall was PAM's 50th anniversary at the school! *Многая лима!*

- Article adapted from Walter Sahan ('86)



Pam ('67)

Childhood Dreams Come True

Hello! My name is Markian Duplak. Winnipeg, Manitoba Canada born and raised, and an alumni of IHMS. Also a super niner! (Kindergarten to Grade 8). Since the early age of 4 I had a very serious, sensational, burning passion for Ukrainian dance. I always remember whenever we had an assembly in the gymnasium and Rod Picklyk would call up all the Ukrainian dancers to do some steps with him then he would give us a chance to show off our stuff to the rest of the kids. I always knew that that was my time to shine and loved showing off my tricks. I'm sure that at that time, nobody there would have imagined what lay ahead of me regarding my dance career, so to speak.

I had but one dream since I started dancing. To one day, dance with the best of the best, the Virsky National Ukrainian Dance Ensemble of Ukraine. Some say that is nothing but a far-fetched dream of many dancers all over the globe that never gets realized. Well..., buckle in, because I'm about to tell you the shortened version of my story, of how I beat out all the critics and the naysayers and accomplished my dream. I started dancing with the Rozmai School of Dance at the age of 4, rehearsing once a week for 2 hours and eventually I joined the company at the age of 16 and danced there for two years. It was my first experience dancing in a big time semi-professional group.

I eventually moved on to Rusalka Ukrainian Dance Ensemble where I danced, for 3 years. I was blessed to have toured Europe with both Rozmai and Rusalka. However, it was one specific tour with Rusalka when we visited Virsky studio and watched in awe as they performed an entire program in front of us. It was in that moment that something clicked inside and I knew that THAT was what I wanted. I had spent my childhood in my parent's living room watching Virsky videos on YouTube, modelling myself after their movements, trying to replicate them, and ultimately learning from them. They were my biggest inspiration.

In light of other opportunities, at the age of 19 I moved to Saskatoon, Saskatchewan where I danced under the direction of Serhij Koroliuk for the Pavlychenko Folklorique Ensemble. In the summer of 2016, I was asked by the UCC-SPC (Ukrainian Canadian Congress-Saskatchewan Provincial Council) to be an interpreter for a workshop they were putting on for young dancers. They were bringing in Virsky's best male dancer for this workshop and wanted me to assist him with the language barrier. We grew very close throughout the workshop and eventually he came to a Pavlychenko rehearsal to do a short workshop with us. It was after this workshop that he had approached me and told me that I have what it takes to dance in Virsky and that I should consider coming next summer and auditioning for Virsky studio.

For those that don't know 'Virsky Studio' is a 2-year preparatory prerequisite program for dancers that want to one-day dance with the Ensemble. It is a program that every dancer currently dancing in Virsky had to go through. The program consists of dancing every day for 5 hours. A mixture of classical dance, Ukrainian dance i.e. Virsky choreography, ballet, solos/tricks, and dances of other cultures. So there I was all of a sudden, stumped with what probably was the biggest decision of my life. Fast forward to today, how have things progressed? After a successful tour of the Balkans with Pavlychenko, that saw us end the 2-week tour in Kyiv, Ukraine, I began the second year of studio program in September and by the time October rolled around I was taken into the Ensemble to learn the choreography quicker and ultimately speed up my process.

To conclude, the moment I had walked into the Virsky studio at 10:30 AM on Monday morning, October 2nd, 2016, I could literally feel my bones shaking before we started barre. But the emotion was overpowering. I was sharing the floor with the other Virsky male dancers around me that I had previously only seen on video and I could not believe what I was about to do. Eventually, fast forward to May 10th, 2018 and I had already performed on stage with Virsky for the first time. My passion for Ukrainian Dance has never been stronger and the happiness I get when I come in to the studio every day is one of the best feelings I have ever felt and I'm thriving off of it. I'm Markian from Winnipeg, and that's my story in a nutshell.

Dance on and see you soon Canada!

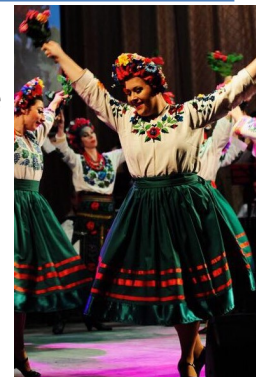


Markian and Hannah At Virsky Studios in Kyiv

- Markian Duplak ('09)

A Year In Ukraine

Starting in September 2017, I moved to Ukraine to embark on a 10 month cultural-immersion studies program. During my time I have primarily been training with professional dance ensembles in 5 different cities, but have also been learning ethnography, the language and the culture in general. I lived in Kyiv for 2 months and trained with P. Virsky Studio. Here I often saw Markian Duplak ('09), who is currently training to dance professionally with the P. Virsky Dance Ensemble. Next, I spent 2 months in Lviv where I danced with the Honoured Yunist Ukrainian Dance Ensemble and had the opportunity to study in the choreography department at the university and college. After a 2 week Christmas break in the Carpathian Mountains, the program took me to Chernivtsi, where I danced with the Honoured Academic Bukovyna Ensemble of Song and Dance for 6 weeks. Most recently I finished 2 months in Lutsk training with the Volyn State Academic Folk Choir. The program's last stop of the tour is Poltava, where we have the opportunity to dance with Poltava State Dance Ensemble.



Performing with The Bukovyna State Ensemble

Every city and ensemble has been so different, with unique experiences in both dancing and everyday life, that it's impossible to choose a favourite. One of numerous dance highlights is performing with the Bukovyna State Ensemble in Chernivtsi. During our first couple rehearsals with the ensemble, we learned the dance *Chervona Kalyna*, and had the opportunity to perform it twice the following week. The ensemble was beyond encouraging during preparations and remarkably congratulatory on our debut performance. Dancing in a beautiful theatre in Ukraine while surrounded by a live choir and orchestra – and the emotions that went with it – made for an unforgettable experience.



With the Volyn State Dancers

Besides missing my family and friends in Canada, one of my biggest challenges while living in Ukraine has been saying goodbye to new friends I have made in each city. The program entails us to live the life of a professional dancer, which means we spend most of our time at the dance studio with the rest of the ensemble dancers (and often choir members). Two months in a city may seem short, but when you spend nearly every day with the same people, it doesn't take long to build close relationships. I feel incredibly blessed to have new friendships with passionate artists across Ukraine that made the goodbyes in each city so difficult.

This year in Ukraine is only the start for me. The knowledge I have gained will far surpass my years as a dancer and performer. I am excited to return to Canada to share my experiences with the broader Ukrainian community. Although the program isn't quite over, I already look forward to returning to Ukraine in the future to further my dance training, expand my knowledge on Ukrainian ethnography and reconnect with familiar faces.

- Hannah Picklyk ('09)

Designing a Bookmark for the Next Generation

Each year, the Shevchenko Foundation runs a competition to select an artist's work for their bookmark to commemorate Taras Shevchenko month in March. I have known about the bookmarks ever since I was a child, where I would receive them at IHMS. I never would have thought that my artwork would one day be featured on the bookmark.

My style has been evolving over the years, but continues to reference my Ukrainian heritage through intricate patterns and motifs. A personal style of mine also includes using metallics. The whole background of the bookmark is actually gold, which can't necessarily be seen on the prints.

My design looks to capture the essence of a child through the movement of the Sun's rays. The poem "On Easter Day", illustrates the image of day break on Easter with each child receiving a gift for the occasion. I symbolized each child's gift through the pysanky suspended in the Sun's rays.

Since I am currently living in Toronto for school, Shevchenko invited me to join them for the Kobzar Literary Awards in March. This opportunity has opened so many doors for me, and I encourage other aspiring artists and designers to submit their artwork for the 2019 bookmark competition.

- Dayna Konopelny ('10)



Critical Need—Please Help!

Having an opportunity to ensure your child has access to a well-balanced education rooted in Catholic faith should not be a privilege for only those who can afford the cost. As a caring Christian community, Immaculate Heart of Mary School has always tried to welcome all students and families that want to be educated in an environment that builds on our faith and culture.

This year, the school was challenged to meet the Bursary needs of current families in the school. In time of need the school makes every effort to support students and their families who have chosen a Ukrainian Catholic education and have a demonstrated financial need.

Each year, there are requests from families for bursary assistance. In recent years, the average has been three to five requests requiring funding in the range of \$7,000 to \$14,000.

The Board first assesses these requests in consultation with the Principal and then meets the approved Bursary requests by accessing funds from these sources:

- the annual interest generated by investments in the Bursary Fund
- fundraising efforts undertaken by the school each year (example: the Basket Raffle at the Annual IHMS Fundraising Dinner)
- from the operating funds of the school in that given year

This school year the Trustees were presented with a unique circumstance to fund seven bursary requests supporting 13 students. The Trustees determined that all of the requests had merit and were worthy of support. Several of the requests were unique to family circumstances in this given year; others are more of an ongoing commitment.

The total cost of the Trustees' commitment to fund the bursary program for this year is \$22,920. This has a significant impact on the school operating funds, but it was deemed important to support our families. At the same time it recognizes that the provincial funding of approximately \$5,800 per student per year could also be lost, if those students were unable to continue at IHMS.

In order to minimize the amount the funds that are drawn from the School's Operating Fund, the Board of Trustees has launched a Bursary Campaign to raise \$15,000 before the end of June.

We invite you to help us continue to fund those families in need by making a contribution to the Bursary Fund to help us reach our goal. Additional funds raised beyond the \$15,000 campaign goal, will be directed to the Bursary Fund for future requests.

Please use the enclosed envelope to make your gift OR go online www.ihms.mb.ca and click Donate Now.

Thank you

Trypillian Art



Trisha Harvey

This year during Ukrainian Week, the students learned more about the ancient Trypillian civilization and culture. Each of the children participated in an art workshop, facilitated by guest artist Trisha Harvey, in which they painted Trypillian designs and symbols on clay plates and tiles.



Tripillian Clay Plates by the Grade 8 Class

Keeping the Spirit Alive!

Immaculate Heart of Mary School continues to be vibrant because of our community of supporters. Thank you to the donors that contributed through the Lubov SSMI Foundation Inc. to the Immaculate designated specifically to one of the Immaculate Heart of Mary School funds. The following are donors that made a contribution between November 23, 2017 to May 9, 2018

Move the Spirit Capital Fund

Brian & Kelly Duplak
Peter Klym
Carlotta Kulpak
The Foundation of the Very Reverend Mitrat Joseph Pulak
Inc.
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In Memory of Olga Goshlak

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In Memory of Richard Korban

John (Willy) & Margaret Balagus
Deacon Victor & Mrs. Mary Humniski

In Memory of Walter Lukie

Deacon Victor & Mrs. Mary Humniski

We apologize for any errors or omissions.

Please contact Lubov SSMI Foundation Inc. at 204-942-0443 if you have any questions.

Fondly Remembered, Never Forgotten



OLGA GOSHLAK February 2, 1925 - February 1, 2018

It is with deep sorrow that we announce the passing of Olga on February 1, 2018 at the Seven Oaks Hospital after a brief illness. She is survived by her sister Helen. Olga was born in Winnipeg and attended St. Nicholas School, King Edward and Isaac Newton High. She was active in sports, particularly in basketball for a number of years, followed by enjoying her membership at the Pine Ridge Golf Club for many years. She was an ardent "spectator sports" fan of a wide range of sports. Olga had a high interest in classical music and was involved in choral work for a major part of her life, most notably with the St. Nicholas Ukrainian Catholic Church and the O Koshetz choirs. She was a lifelong member of the St. Nicholas Ukrainian Catholic Church and actively participated in its many activities.



Congratulations to the 2018 graduating class of IHMS!

Back row (L to R)

Mr. R. Picklyk, Mr. P. Trochanowski, Martin Duplak, Mykel Caparas, Ihor Swinton, Alexander Paches, Owen Zawatsky, Donovan Martin, Mr. L. Burg

Middle row (L to R)

Lucia Nguyen, Jade DeLeon, William Skakun, Jessica Kazmierczak, Adam Kubara, Eric Skakun, Marko Trochanowski, Ariadne Cruz

Front row (L to R)

Chantel Misiak, Danikah Fangmann, Brooke Buchan, Lauren Alibin, Katie Paul, Anna Mykytyn, Nikita Khurana, Carmela Marzo, Alyssa Dudych

Missing from photo:

Severyn Shved, Adrian Zablotki

IHM School Calendar

May 31

Annual Family Picnic

June 5

Solemn Holy Communion
Divine Liturgy

June 6

Kindergarten - Grade 3 Field Day

June 21

Annual Awards Day

June 26

Graduation Divine Liturgy

June 26

Graduation Dinner and Dance

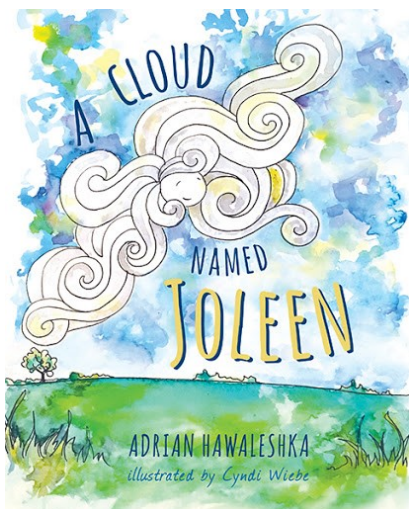
For more details about School Events

Visit www.ihms.mb.ca



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A Cloud Named Joleen

Congratulations to Adrian Hawaleshka ('83) on publishing his second children's book!

"Joleen is a beautiful but sad little cloud. She longs to have friends. She has travelled around the world to many special places. But whenever she finds children playing, they shoo her away. Who wants a cloud hanging around when you just want to have fun? Joleen goes to her mother and father upset that she has no friends, but her father reminds her that clouds have a special purpose. Joleen needs to remember that and be proud of who she is. Thinking on her father's words, Joleen comes to understand that it is more important to be who you are than spend time worrying about what others think of you. Just being yourself can make you stronger than you ever imagined!"

Thank you to all the Alumni that contributed to this edition.
If you have news or stories you would like to share please contact



Supporting the ministries of the Sisters Servants of Mary Immaculate
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Unique values. True strength.