

## Celebrate the Season

### December 2019

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

Join us for a Christmas Concert to celebrate the season!

**Wednesday, December 18**, Grades Kindergarten - 3 will present 'The Noel Critter Motel': show times at 1:30PM & 7:00PM

**Thursday, December 19**, Grades 4 - 8 students will present 'A Tree Lot Christmas' at 1:30PM & 7:00PM

**Friday, December 20**, Divine Liturgy will be celebrated 1:00PM, at Sts. Vladimir and Olga Cathedral



## Honouring The Co-Foundress



On Wednesday, November 20th, Sr. Ruth Aney SSMI, and Lesia Wozny (nee

Pograniczny '98), brought 39 students to Holy Family Home for a Divine Liturgy celebrating the 100th anniversary of the passing of Blessed Josaphata Hordashevsk, co-foundress of the Sisters Servants of Mary Immaculate.

The Children of Mary learned about the co-founder in the new atrium space at the Home, and residents were thrilled to see so many bright young faces!

**Thank you to our Newsletter Sponsor:**

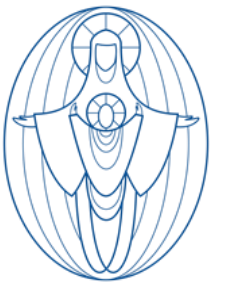


Thank you to our alumni who contributed to this issue.  
If you have news or stories you would like to share, please contact:



Supporting the ministries of the Sisters Servants of Mary Immaculate  
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# From the Heart



The St. Nicholas School,  
Immaculate Heart of Mary Academy,  
and Immaculate Heart of Mary School Alumni Newsletter

## Writing Her Own Story



Kristina Frykas Teaching Class at Kazka

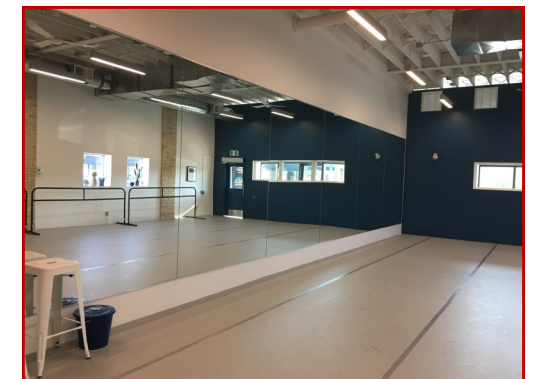
After nearly 20 years of teaching classical ballet and Ukrainian Dance, Kristina Frykas (nee Waschyshyn '93) decided to go out on her own and create her own unique dance studio, Kazka Dance Collective. After over a year of working with the Women's Enterprise Center solidifying a solid business plan and months of searching for the perfect location, Kristina was awarded the necessary loans in December of 2018 to make this fairytale a dream come true.

As Director of Sopilka Ukrainian Dance School for the past 10 years, Mrs. Frykas found the constant pressure to find a location that was not only safe and affordable, but that had all the elements required to run a professional studio. These items include mirrors, barres and most importantly a sprung floor.

In the creation of her own space, she was able to ensure that all of these important needs are being met.

In addition to housing Sopilka as a permanent renter, Kristina is taking the opportunity to teach ballet classes for both children and adults, Pilates classes, daytime dance-based fitness classes and private Progressing Ballet Technique coaching. Hopakercise, a unique fusion of jazz, Zumba type movements, stretching, conditioning and Ukrainian Dance has become a huge hit! Members of the dance community looking for rental space are encouraged to contact Kristina to solidify a spot on next year's schedule.

Having attended IHMS from Kindergarten to Grade 8, she feels that her upbringing there, rooted in culture and community has paid an integral part in the creation of her school. Kazka Dance Collective is Winnipeg's newest dance school bringing culture and community together in a unique welcoming environment.



Kazka Dance Collective Studio

## Fresh New Look

This past summer some big changes were made around the halls of IHMS! With the help of you, our donors, some major updates were done around the school.

- Floors throughout the classrooms and offices were replaced with new durable carpet tiles.
- The school received a fresh coat of paint.
- A new Physical Education Office was built within the gym
- The resource office was re-developed on the first floor.
- There is now a dedicated Music Classroom!

Acknowledgement to the Michael Bzdel Endowment Fund, and as well, the Sisters Servants of Mary Immaculate for supporting the funding of the flooring project.



Re-developed Resource Office



New Music Classroom



New Physical Education Office located in the gymnasium.

## Have a Seat, Please!



Feeling nostalgic?

Along with all of the renovations we have completed at the school, we purchased new stacking chairs to maximize storage space. That means we have retro IHMS chairs up for grabs!

Bring home a memory of your school years!

Contact the school to purchase yours today.  
204-582-5698 or [ihms@ihms.mb.ca](mailto:ihms@ihms.mb.ca)

## League Champions

IHMS Boys Volleyball Team captures the Manitoba Catholic Schools League Championship!!

Front Row L-R: Lukas Zulyniak, Julian Brennan, Guryovan Johal, Jordan Schoettle

Back Row L-R: Christine Rewniak (Coach), Bohdan Deneka, Nicholas Mikawoz, Conor Rewniak, Sanman Sandhu, Inderjeet Brar, Maksym Solar, Rod Picklyk (Coach)



## Life Long Friendships, Fostered Here



Alexa Sawatsky (nee Palaschuk) and Ivanna Lukie

being Alexa Palaschuk (now Sawatsky '03). Many of their lifelong friends from IHMS were in attendance at both of their weddings.

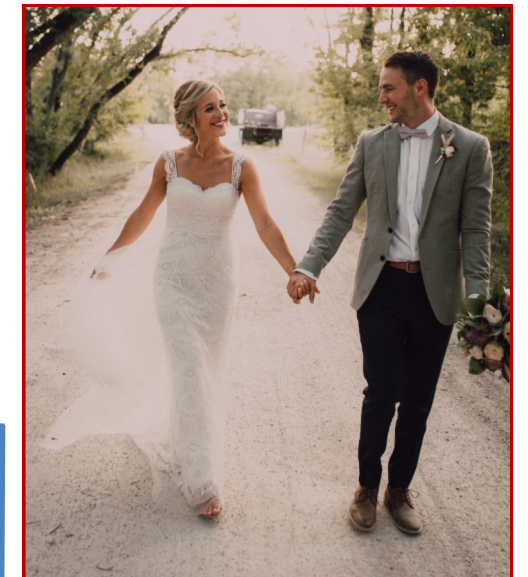
“Alexa and I became best friends at IHMS, and as per the plan we concocted as children, our weddings were celebrated only one week apart in August 2019.”

Ivanna Lukie ('03) and Jordie Skinner got married on August 9th, 2019 in Niverville, Mantioba.

Ivanna and Jordie both completed their Master's degrees at the University of Manitoba and are now full-time school psychologists in Winnipeg.

Their wedding parties were made up of siblings and best friends from childhood. Three of Ivanna's bridesmaids are IHMS alumni - one of them

Многая літа Ivanna and Jordie!



Ivanna and Jordie, Married!

## One Big Step

On Sunday, November 10—Jay Korban('05)

was ordained to the sub-diaconate. This is a minor order in the Ukrainian Catholic Church and it brings Jay one step closer to his ministry as a priest. In Spring 2019, Jay graduated from St. Paul

University in Ottawa with his Master of Divinity. Upon moving back to Winnipeg with his family, he was placed at St. Anne & St. Michael Ukrainian Catholic Parishes where he will spend the year as a pastoral intern. Jay attended IHMS for 9 years where he grew not only in his faith, but in his vocation to serve God as a priest. He was often seen serving at the altar during each monthly Divine Liturgy, and was even the 'Altar Server Captain' for two years. He hopes to return one day to serve the Divine Liturgy as a priest at IHMS where his vocation was nurtured.

## Вічна Пам'ять



Paul Smith

The halls of Immaculate Heart of Mary School and previously St. Nicholas School, were filled with many families that became a part of the generations of the school. One such family was the Smith family. Marianne Smith (Balagus) attended St. Nicholas School in the 1940's along with her siblings. Marianne and Paul were blessed with nine children: Sandra, Paula, Christopher, Ron, Andrea, Jonathan, Lisa, Katrina and

Jay, all of which attended Immaculate Heart of Mary School in the 1960s and 1970s. It was a natural thing for their father, and avid community volunteer, to be involved in the School. Paul served on the Board of Trustees for Immaculate Heart of Mary School. On behalf of the Sisters and the School we send our prayers and condolences to the Smith and Balagas families on the recent loss of Paul. Their commitment to the school is still very evident today as donations were received in his memory in support of the School. To view Paul Smith's incredible life story visit [www.korbanchapel.com](http://www.korbanchapel.com)



Sub Deacon Jay Korban